

B & B FULL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			7:00-8:00 Ballet Body™ Barre 1-Hour Workout			
				8:00-9:00 Ballet Body™ Barre 1-Hour Workout		
					9:00-9:50 Mommy & Me 2-3 yrs	
9:30-10:20 Mommy & Me 2-3 yrs	9:30-10:20 Mommy & Me 2-3 yrs	9:30-10:20 Pre-Ballet 4-5 yrs	9:30-10:20 Creative Dance 3 yrs		10:00-10:50 Ballet I 6-8 yrs	9:30-10:20 Creative Dance 3-4 yrs
10:30-11:20 Pre-Ballet 4-5 yrs				10:00-11:15 Ballet Body™ Barre		10:30-11:45 Ballet Body™ Barre
11:30-12:45 Ballet Body™ Barre		10:45-12:00 Ballet Body™ Barre (Basic)			11:00-12:15 Ballet Body™ Barre	11:45-1:00 Adv Beg Ballet
					12:15-1:30 Beginner Ballet	
						1:15-2:15 Variation/Rep Wksp
	2:45-3:35 Creative Dance 2-3 yrs			3:00-3:50 Mommy & Me 2-3 yrs		
4:00-5:00 Ballet I 6-7 yrs	4:10-5:00 Pre-Ballet 4-5 yrs	4:00-4:50 Pre-Ballet 4-5 yrs	4:00-5:00 Ballet I 5-6 yrs	4:00-4:50 Pre-Ballet 4-5 yrs		
5:00-6:00 Ballet II/III 7-10 yrs	5:00-6:00 Ballet II 8-11 yrs	5:00-6:00 Ballet I 8-11 yrs	5:00-6:00 Ballet I/II 7-10 yrs	5:00-6:00 Ballet II 8-11 yrs		5:00-6:15 Beginner Ballet
6:00-7:15 Ballet Body™ Barre (Basic)	6:00-7:15 Ballet Body™ Barre					
		6:30-7:45 Ballet Body™ Barre	6:15-7:30 Beginner Ballet	6:15-7:30 Ballet Body™ Barre		6:15-7:30 Ballet Body™ Barre
7:30-8:45 Beginner Ballet (Basic)	7:30-8:45 Adv Beg Ballet		7:30-8:45 Ballet Body™ Barre	7:30-8:45 Beginner Ballet		
	8:45-9:15 Pointe (Open)					

* Adults Classes are shaded in gray

10/28/2018

CHILDREN'S CLASSES

YOUNG CHILDREN'S DIVISION

Mommy 'n' Me:

M 9:30-10:20, T 9:30-10:20, T 3:20-4:10, F 11:00-11:50, F 3:00-3:40

Creative Dance:

T 2:45-3:35, Th 9:30-10:20, Sa 9:30-9:20

Pre-Ballet:

M 10:30-11:20, T 10:30-11:20, T 4:10-5:00, W 9:30-10:20, W 4:00-4:50, F 4:00-5:50

CHILDREN'S DIVISION

Ballet I:

M 4:00-5:00, W 5:00-6:00, Th 4:00-5:00, Th 5:00-6:00, Sa 10:00-11:00

Ballet II:

M 5:00-6:00, T 5:00-6:00, Th 5:00-6:00, F 5:00-6:00, Sa 1:30-2:30

Ballet III:

M 5:00-6:00

ADULT CLASSES

BALLET BODY™ BARRE Classes

Ballet Body™ Barre (1-Hour Workout):

Th 7:00-8:00(AM), F 8:00-9:00(AM)

Ballet Body™ Barre (1¼ Version):

M 11:30-12:45, M 7:15-8:30, T 6:00-7:15, W 10:45-12:00, W 6:30-7:45, Th 7:30-8:45,
F 6:15-7:30, Sa 11:00-12:15, Sa 4:00-5:15, Sa 4:00-5:15, Su 10:30-11:45, Su 6:15-7:30

DANCE CLASSES

Beginner Ballet:

M 7:30-8:45, Th 6:15-7:30, F 7:30-8:45, Sa 12:30-1:45, Su 5:00-6:15

Advanced Beginner Ballet:

T 7:30-8:45, Su 11:45-1:00

Pointe (Open Level):

T 8:45-9:15

Variation/Repertory Workshop with Pointe:

Su 1:15-2:15

Classes may be subject to change or cancellation.
It is recommended to reserve in advance for adult classes.