

REGISTRATION

Adult Students must set up an account which may be done in person at the time of initial purchase or trial class, or on line. Single and Packages purchased may be applied to classes of equal or lower value (Ballet Body Barre Class Packages may be also be used for Dance Classes).

| <u>FEES</u> & Special Promotions | Ballet Body™ Barre (purchases may also be applied to classes of lower price) | Adult Dance Classes Ballet (all levels), Tap | All Classes (Ballet Body™ Barre & Adult Dance Classes) |
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| <u>Trial Class</u> | \$20 | \$20 | \$20 |
| <u>Single Class</u> | \$37 | \$30 Single Wksp Class \$35 ½ Hour Pointe Class \$12 | |
| <u>10-Class Card</u> | 10 Classes for \$300 (3 month expiration) w/Senior (62+) Discount 10-BBBarre for \$280 | 10 Classes for \$265 (3 month expiration) w/Senior (62+) Discount 10-Dance for \$240 10 Variation/Repertory Wksp Classes for \$300 | |
| <u>20-Class Card</u> | 20 Classes for \$560 (4 month expiration) w/Senior (62+) Discount 20-BBBarre for \$500 | 20 Classes for \$460 (4 month expiration) w/Senior (62+) Discount 20-Dance for \$440 | |
| <u>Special 1 Month Class Packages</u> | | | 12 Classes for \$228 (1 month expiration) |
| <u>Unlimited Class Cards</u> | | | Special Introductory offer 1st Month Unlimited \$150 (1 month expiration) |

Ballet Body™ Barre is a different kind of barre workout: a careful, low impact form of exercise, emphasizing correct and use of the body using principles of classical ballet which have a long history of shaping beautiful bodies. We offer both Barre workout classes and Adult Ballet Classes.

Ballet Body™ Barre class consists of 30 minutes of ballet and yoga stretches followed by 45 minutes of ballet barre doing AUTHENTIC training exercises that ballet dancers do everyday to condition their muscles and prepare them to dance resulting in lengthened, toned muscles and elegant posture.

Adult Ballet class consists of a ballet barre warm-up followed by center work where learning ballet steps moves the entire body in space for a more intense aerobic challenge. Classes are taught in a comfortable, non-competitive environment, with small classes affording time for individual attention.

Class cards for adult students are strictly non-refundable and non-transferable. Adult class card holders who are not able to take their 10 or 20 classes by expiration may take a class at an equal or lesser rate before the date of expiration. There are no extensions. Adult classes are on-going throughout the year and a class card may be purchased at any time.

BOOKING YOUR CLASS

Please reserve your spot in class through our website or MindBody in advance, classes with less than 2 reservations are subject to cancellation. However, if you reserve and are not unable to attend you will not be charged for your class, but you should cancel your reservation at least 30 minutes before the class to avoid a possible \$5 fee.

DRESS SUGGESTIONS AND GUIDELINES

For Ballet Body™ Barre classes you can wear leggings and a top, workout clothes or dance clothes. Socks are fine. We sell ballet slippers – if you become a member (purchase a class package), it is advisable to let us fit them on you. **Street shoes are NOT permitted in the studio.**