

B & B FULL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30-8:30 Ballet Body™ Barre (1 Hour Workout)			7:30-8:30 Ballet Body™ Barre (1 Hour Workout)			
					9:00-9:50 Mommy & Me Creative Dance 2-3 yrs	9:30-10:20 Creative Dance 2-4 yrs
					9:50-10:45 Pre-Ballet/Ballet I 4-6 yrs	10:30-11:45 Ballet Body™ Barre
	10:30-11:20 Mommy & Me Creative Dance 2-3 yrs			10:00-11:15 Ballet Body™ Barre	11:00-12:15 Ballet Body™ Barre	11:45-1:00 Adv Beg Ballet
11:30-12:45 Ballet Body™ Barre		10:45-12:00 Ballet Body™ Barre				
					12:30-1:45 Beginner Ballet	1:15-1:45 Pointe (Open)
					1:45-2:45 Ballet I 6-7 yrs	
					2:45-3:45 Ballet I/II 9-12 yrs	
				3:10-4:00 Mommy & Me 2 yrs		
3:45-4:45 Pre-Ballet 4-5 yrs	3:30-4:20 Creative Dance Pre-Ballet 3-4 yrs		4:00-4:50 Pre-Ballet 4-5 yrs	4:00-5:00 Ballet I/II 7-9 yrs		
4:45-5:45 Ballet I/II 9-12 yrs			5:00-6:00 Ballet I 6-8 yrs	5:00-6:00 Ballet II/III 11-13 yrs		5:00-6:15 Beginner Ballet
6:00-7:15 Ballet Body™ Barre (Basic)	6:00-7:15 Ballet Body™ Barre					
		6:30-7:45 Ballet Body™ Barre (Basic)	6:15-7:30 Beginner Ballet	6:15-7:30 Ballet Body™ Barre		6:30-7:45 Ballet Body™ Barre
7:30-8:45 Beginner Ballet (Basic)	7:30-8:45 Adv Beg Ballet		7:30-8:45 Ballet Body™ Barre	7:30-8:45 Beginner Ballet		
	9:00-9:30 Pointe (Open)					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY

* Adults Classes are shaded in gray

08/30/2019

CHILDREN'S CLASSES

YOUNG CHILDREN

Mommy 'n' Me:

T 10:30-11:20, F 3:10-4:00, Sa 9:00-9:50

Creative Dance:

T 10:30-11:20, T 3:30-4:20, Sa 9:00-9:50, Su 9:30-10:20

Pre-Ballet:

M 3:45-4:45, T 3:30-4:30, Sa 9:50-10:45

CHILDREN (6-18 YRS)

Ballet I:

Th 5:00-6:00, Sa 9:50-10:45, Sa 1:45-2:45

Ballet I/II:

M 4:45-5:45, F 4:00-5:00, Sa 2:45-3:45

Ballet II/III:

F 5:00-6:00

ADULT CLASSES

BALLET BODY™ BARRE Classes

Ballet Body™ Barre (1¼ Version):

M 11:30-12:45, M 7:15-8:30, T 6:00-7:15, W 10:45-12:00, W 6:30-7:45, Th 7:30-8:45,
F 10:00-11:15, F 6:15-7:30, Sa 11:00-12:15, Su 10:30-11:45, Su 6:30-7:45

Ballet Body™ Barre (1-Hour Workout):

M 7:30-8:30, Th 7:30-8:30

DANCE CLASSES

Beginner Ballet:

M 7:30-8:45, Th 6:15-7:30, F 7:30-8:45, Sa 12:30-1:45, Su 5:00-6:15

Advanced Beginner Ballet:

T 7:30-8:45, Su 11:45-1:00

Variation/Repertory Workshop:

Su 1:15-2:15

Pointe (½ Hour/Open Level):

T 9:00-9:30, Sun 1:15-1:45

Classes may be subject to change or cancellation.
It is recommended to reserve in advance for adult classes.